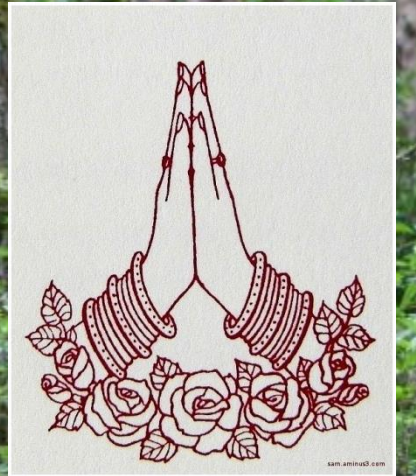




நீலகிரி மாவட்டம் **THE NILGIRIS DISTRICT**

உங்களை மனதார வரவேற்கிறது.
HEARTILY WELCOMES YOU.



A scenic view of a waterfall with water cascading over dark, mossy rocks. In the foreground, there are large, rectangular stone blocks covered in thick green moss and small green plants. The background shows the turbulent white water of the waterfall against a dark, forested backdrop.

LADIES AND GENTLEMEN ...

PUT YOUR HANDS TOGETHER ...

FOR THE NILGIRI LEECHERS !!!

EEEEESAAAAAAA...



Modern
MNREGA



Jaipur Tiger



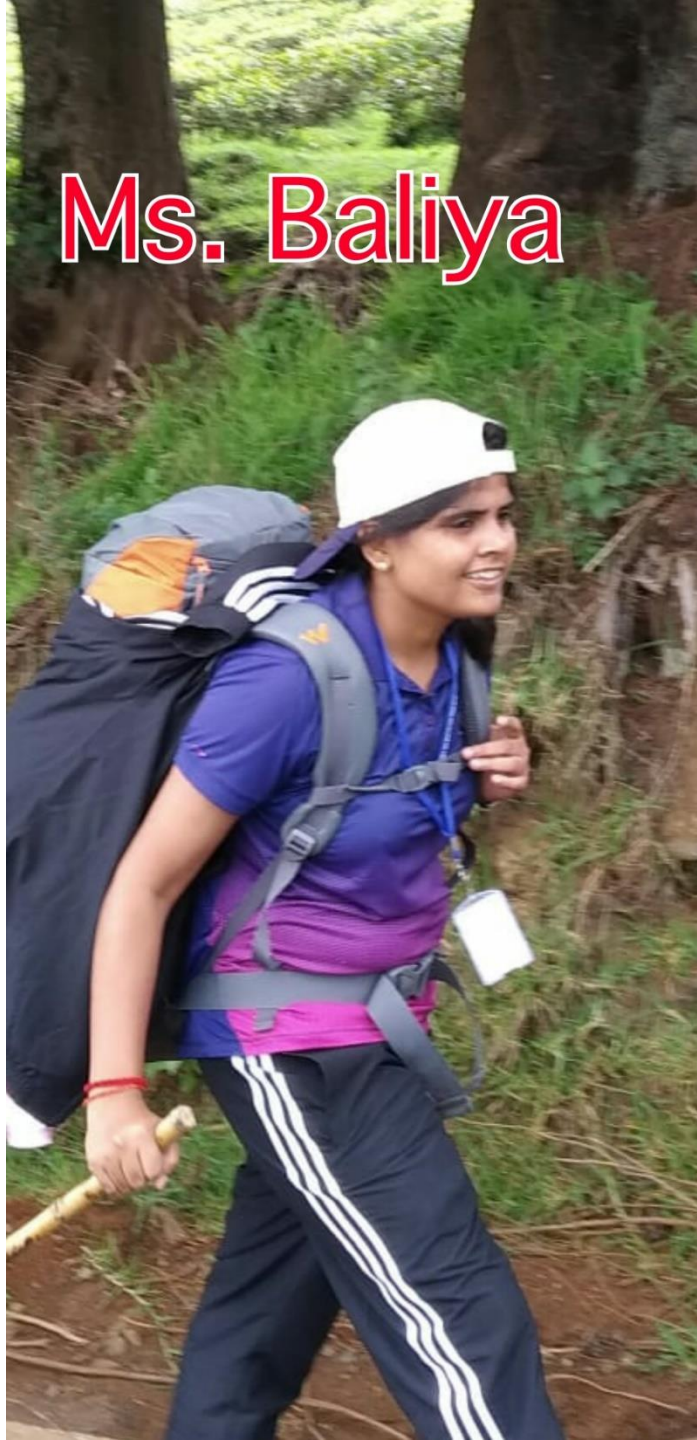
!!! GL !!!

ZONED OUT..

THAKUR SAAB



Ms. Baliya



BABA MABHOOSH





AGENT SUSHMA



BABA 🤘





LIGAMENT VERMA

PATIL BHAU

AKHILESH JHAAAAAAAAA

ARUNAAAAA



TAMIZH CHORI



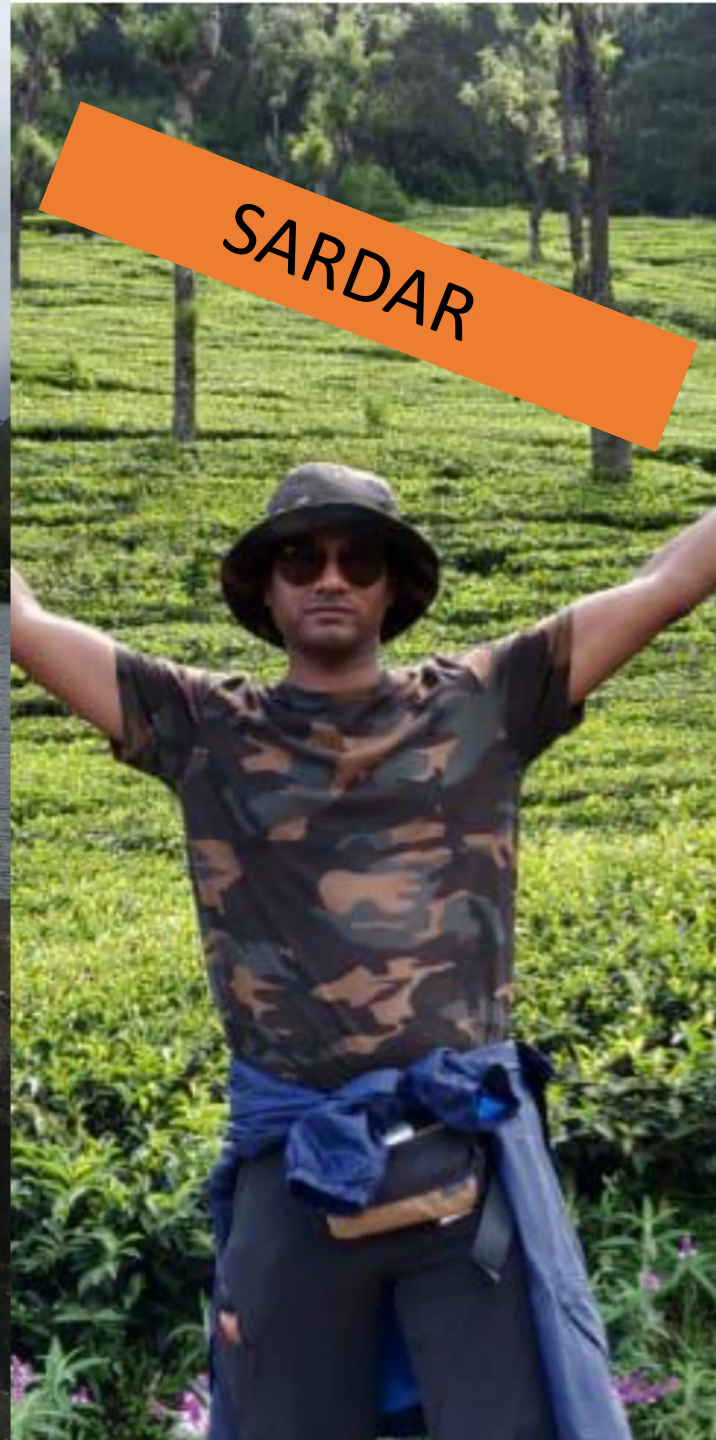
PAWAN BABU



Ishita Akka



SARDAR



WHY AM I NAMED NILGIRIS ?



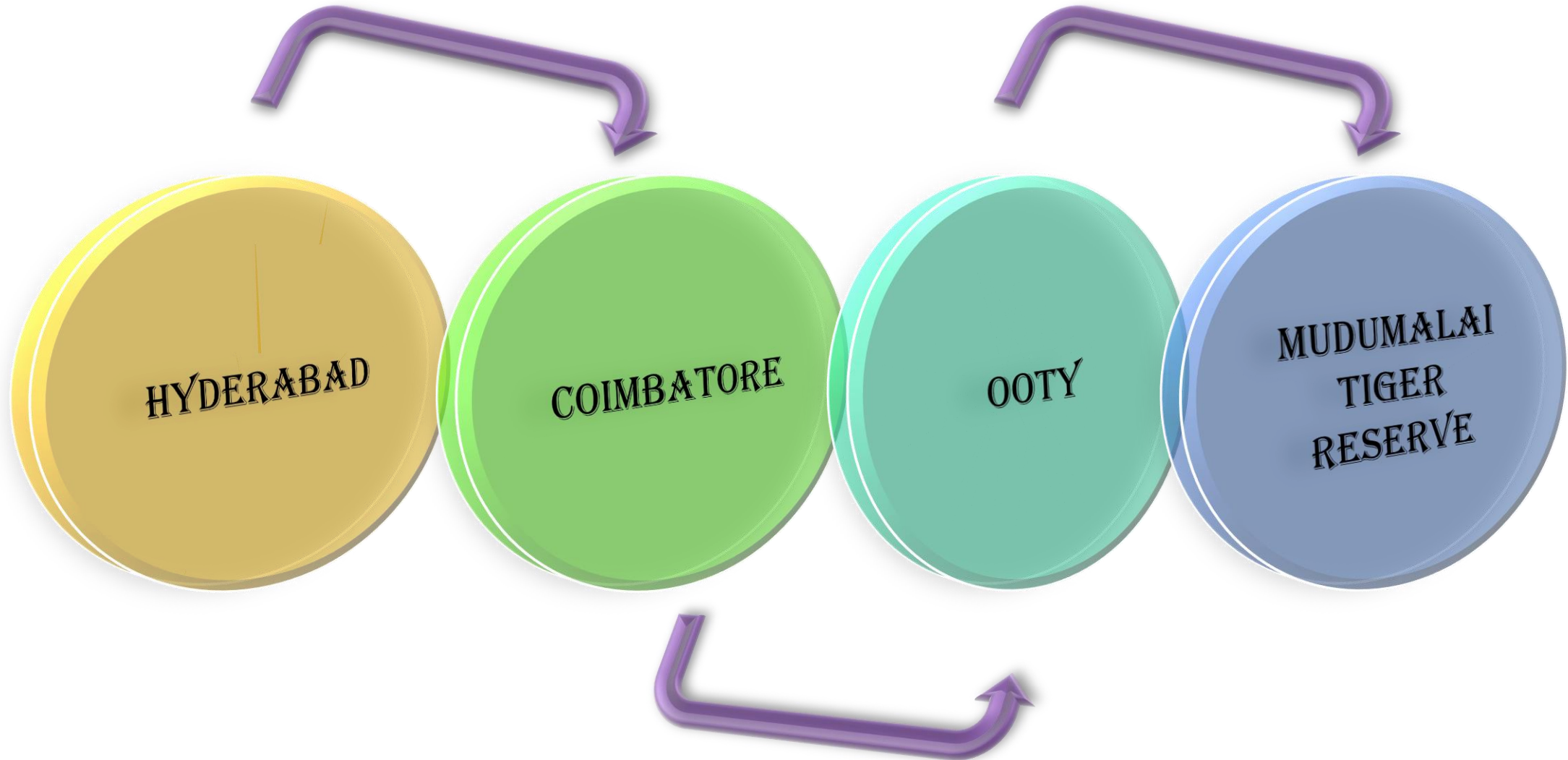
SHE TEASES...

SHE TEMPTS...

AND SHE ONLY REVEALS WHAT
SHE WANTS YOU TO SEE....

SHE IS **NEELA KURINJI**

NAAL 1:





STAY..



HEY BEAUTIFUL..



















**Team
NIILGIRI
LEECHERS
is all set to
start ...**



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ONLY



Bonding tyme.....

GL & APPOINTED AGL

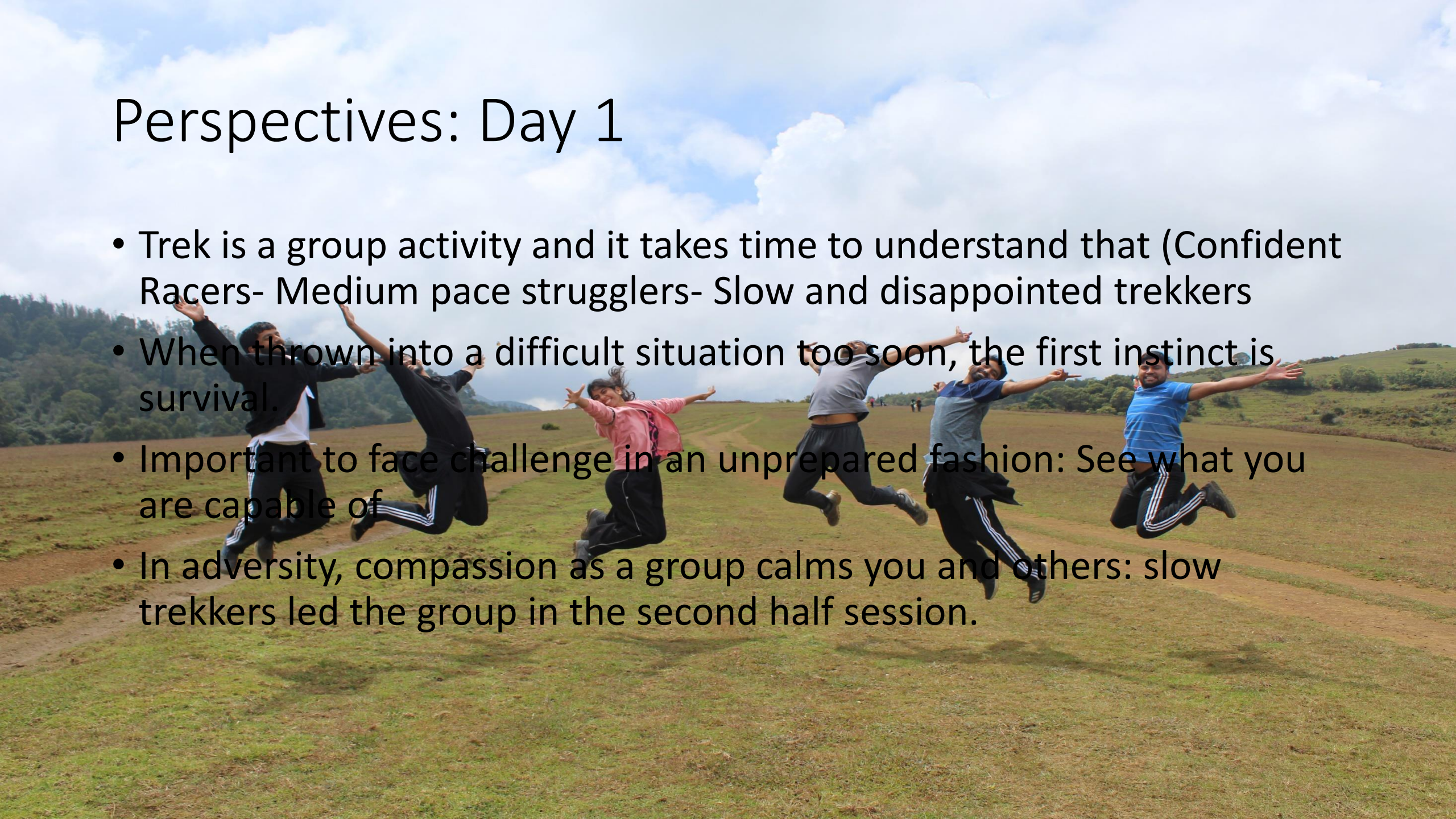


**MEDICAL MIRACLE ONLY
IN NILGIRIS**



Perspectives: Day 1

- Trek is a group activity and it takes time to understand that (Confident Racers- Medium pace strugglers- Slow and disappointed trekkers)
- When thrown into a difficult situation too soon, the first instinct is survival.
- Important to face challenge in an unprepared fashion: See what you are capable of
- In adversity, compassion as a group calms you and others: slow trekkers led the group in the second half session.



NAAL 2:

MUDUMALAI
TIGER RESERVE



KARGUDI



SHOLUR

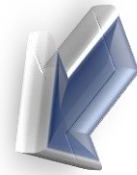








TEMPLE OF TODAS







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ONLY



NO SPRAYING ZONE
மருந்து தெளிக்கக் கூடாத பகுதி

YOGANIDRA

@

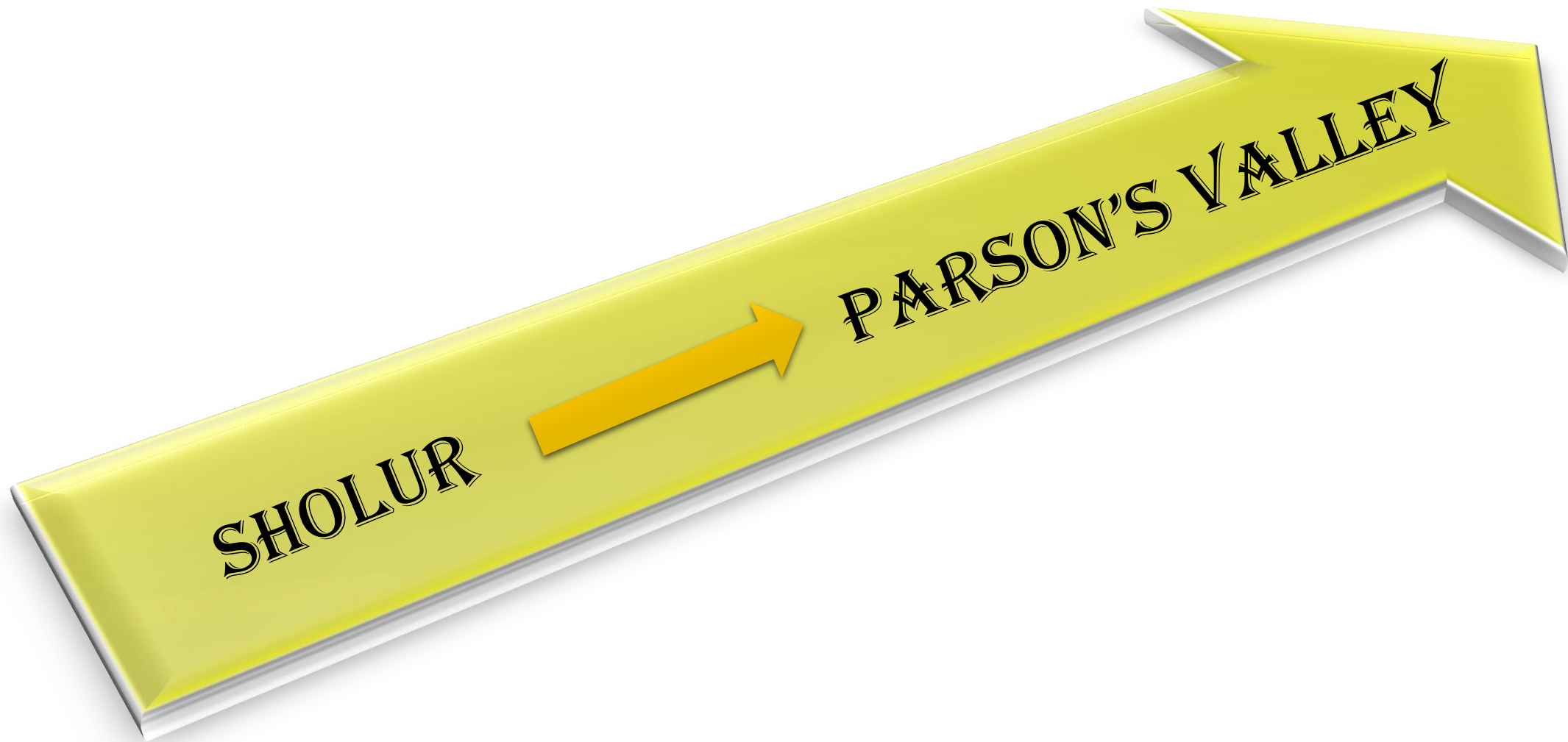
NILGIRIS



Perspectives: Day 2

- Embracing the beauty of solitude is soul-touching: brings inner peace and self reflection.
- If we can appreciate solitude of man, should we also not appreciate solitude of nature?
- Joy of great company: like minded trekkers can become deeper friends
- Being one with the precious simplicity of the mountains and wilderness: preserve it because they deserve it.
- Life is uncertain just as the beautiful rains in the Nilgiris: if everything is uncertain, there is hope that anything is possible.

NAAL 3:



TRIBUTE TO RANA SIR













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Gangs of Parsons Valley!
#vinashisreal



Nope, they can't beat
the Joota Sukhedi
@kumarshubham3413.
Shenanigans post getting
drenched in 200 cm
tropical rain!

#trekquirks



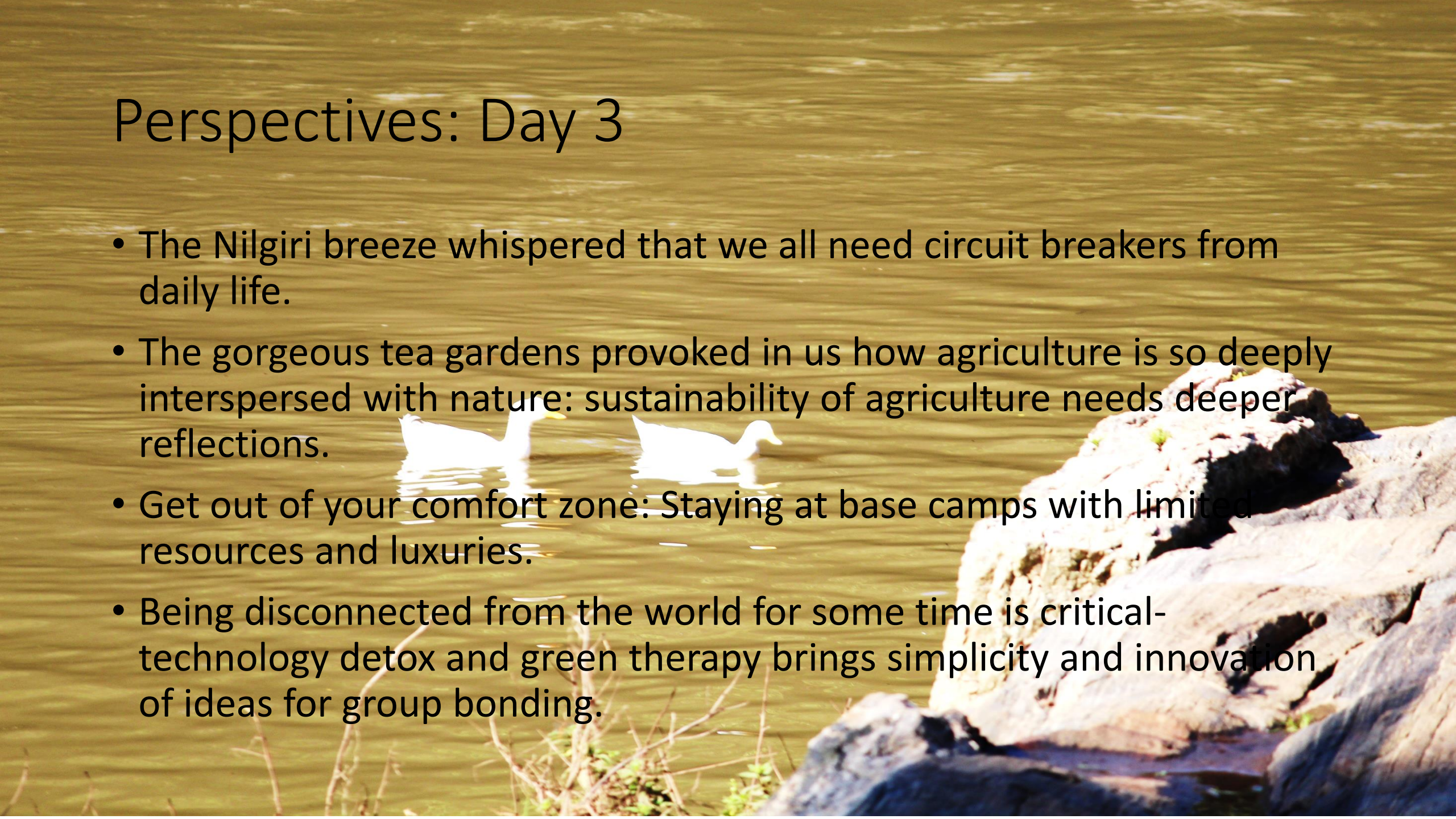
Resurrecting our 'souls'



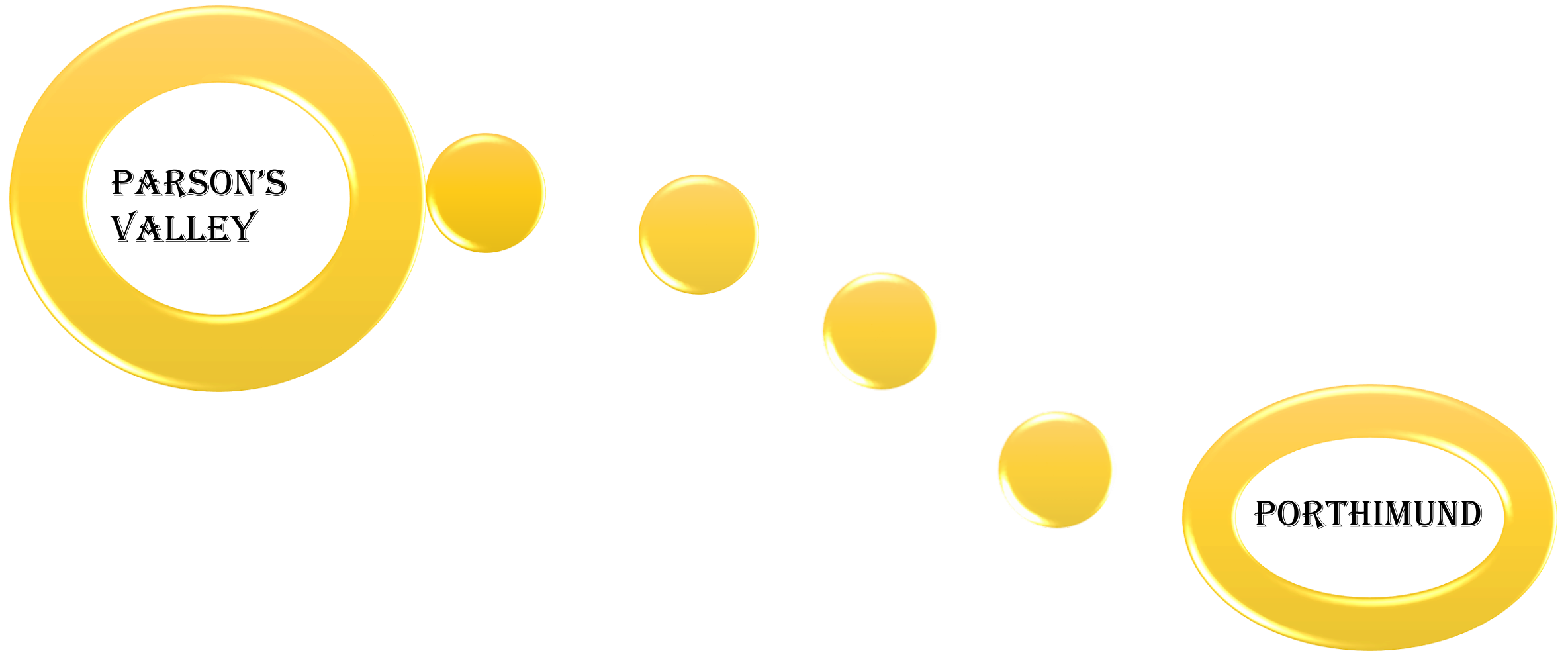
HABIBIIIIIIII 🤔 HABIBIIIIIIII 🤔

Perspectives: Day 3

- The Nilgiri breeze whispered that we all need circuit breakers from daily life.
- The gorgeous tea gardens provoked in us how agriculture is so deeply interspersed with nature: sustainability of agriculture needs deeper reflections.
- Get out of your comfort zone: Staying at base camps with limited resources and luxuries.
- Being disconnected from the world for some time is critical-technology detox and green therapy brings simplicity and innovation of ideas for group bonding.



NAAL 4:













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@kumarshubham3413
@sauravbhrqv

The real Movie Mafia

Pardesi Udit Narayan!

Always beaten by
strategists adjacent to
him!

Wait a second, that
sleeping NEWton is also
playing !



He just made Dumb
Charades digital !

The post millennial with
a crazy playlist

The chosen one to be
killed first by every
Mafia!

Nilgiri Trek Night 3

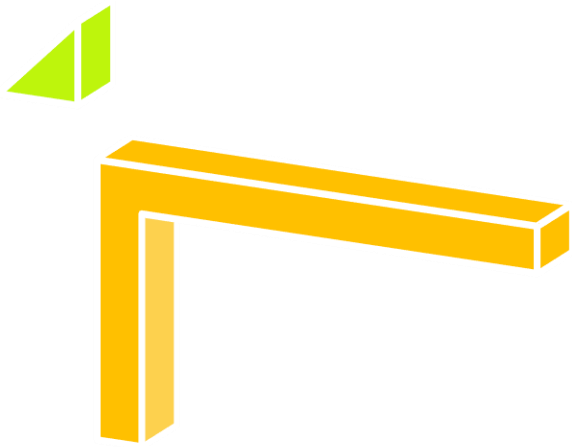
Get him the Leopard 🙄🙄🙄



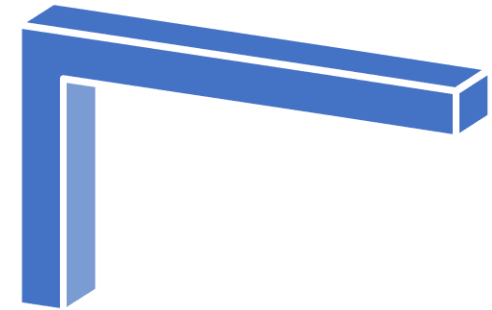
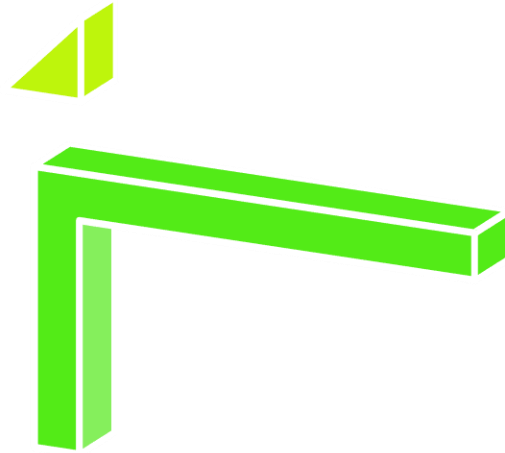
DON! DON! DON!



NAAL 5:



PORTHIMUND

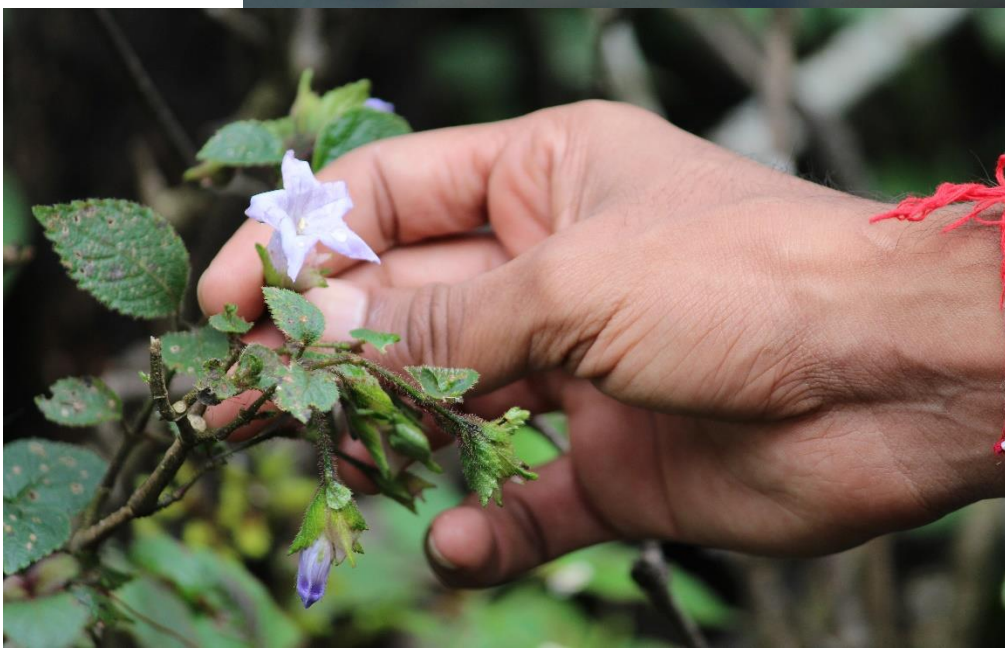


PANDIYAR

Perspectives: Day 4

- The impatience to finish the trek starts setting in: leadership challenge to keep the group cohesive and motivated
- Diversity of Nilgiris is enchanting: from Shola grasslands to tea gardens to tropical rain forests
- Personal deeper milestones can be reached when you have a healthy support system (group camaraderie during the difficult forest trek)
- Coordination in group activity is critical (Chinese whispers of message transfer to protect everyone from danger)















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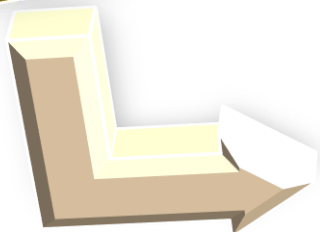
*From JALLIKATTU
To
BHAINS KATTU....*



After effects of NILGIRIS



NAAL 6:



Perspectives: Day 5

- LEECHES: the ingenuity of how fear can push your potential to unimaginable levels
- The slowest trekkers ran and became the fastest trekkers and led the entire group powerfully.
- The cleanliness of the area showed the effectiveness of the Nilgiri district administration and forest departments.









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KHAN

Khan

Khan

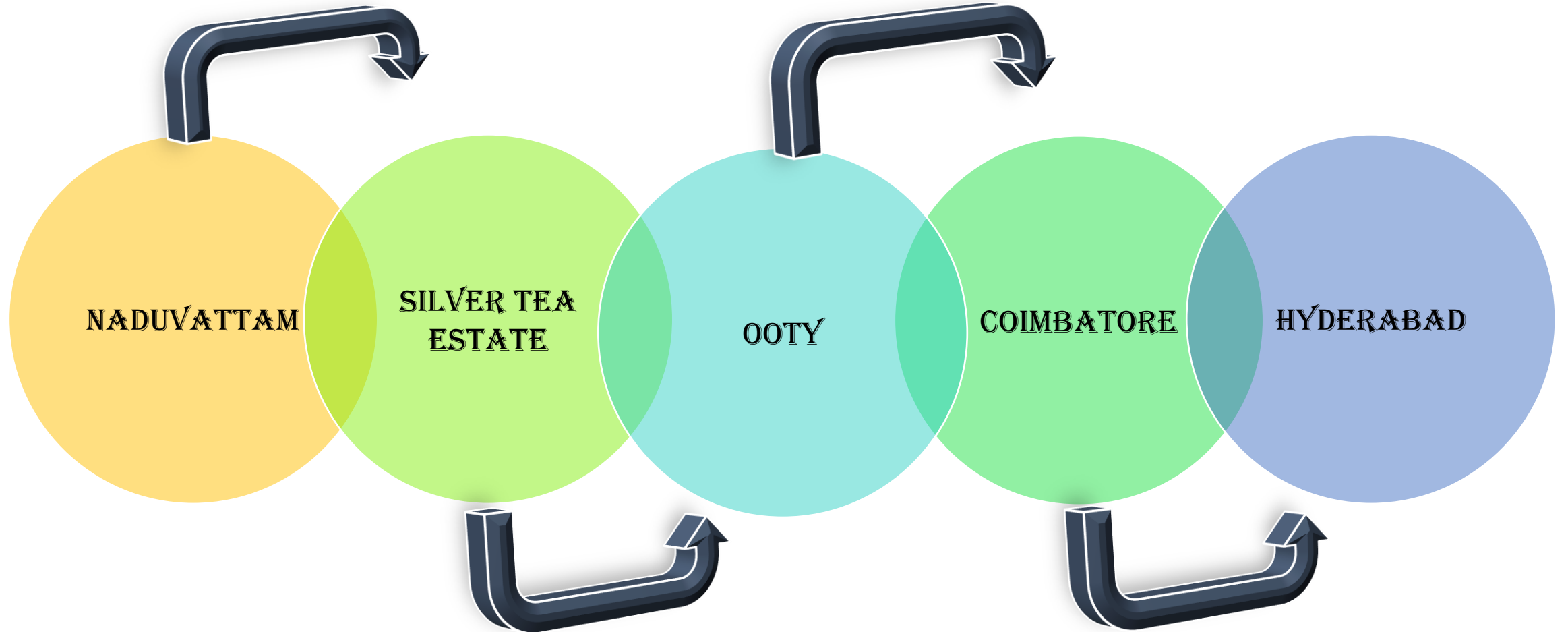
KHAN



BAHUT HO GAYAA



NAAL 7:





IT'S NOT THE PHYSICAL
FITNESS ALONE ...
BUT
IT'S ALL IN THE MIND ...



Shot on OnePlus
Powered by Dual Camera

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Leader of the anti-leech
brigade who ran faster
than the wind thanks to
the leeches. She still
ain't convinced that the
leeches are over!

Leech warriors! Burnt
them all!

She knows she's the boss
now with Chandrika and
fertiliser !





Perspectives: Day 6

- Lack of hygiene for too long can impact your mind and body balance and productivity as a trekker !
- Life in isolation: familiarised to the far flung communities of Nilgiris
- Humbled: Inner transformation from a person with unlimited wants to a person who is more adjusting, grounded and grateful.
- Increasing gender balance on the trek adds new dimensions: empathy, private bonfire conversations are easier, multitasking rather than solely reaching the goal, creative ideas for fun.
- Trekking is not only about physical fitness and mental strength but about having inspirations
- Group bonding amongst strangers: making friends like never before !



THE REAL HEROES !!!



CAST AND CREW:

SHANTANU DIXIT

ISHA BARAK

KULDEEP ASWAL

MUNESH SOOD

ARUNA ARORA

SRIDIP DEY

RITU SINGH

NARESH PATIL DNYANESHWAR

ISHITA GUPTA

AKHILESH JHA

SUPRIYA MALIK

AJAY KUMAR KUMAWAT

KUMAR SHUBHAM

SAURABH BHARGAVA

RENU VERMA

SHIVAM SINGH

AMELIA BETSY.C

ATUL KUMAR SINGH

@ SHANUUU

@ EESAAAA

@ BABA

@ MONASSHHH

@ GUNDI JI

@ MODERN MNREGA

@ MS. BALIYA

@ PATIL BHAU

@ ISHITA AKKA

@ AKILESH JHAAAA

@ ZONED OUT

@ JAIPUR TIGER

@ BABA MHABHUS

@ SARDAR

@ LIGAMENT VERMA

@ PAWAN BABU

@ TAMIZH CHORI

@ THAKUR SAAB

GL - SANJANA KADYAN

AGL - SUSHMA YADAV

APPOINTED AGL- KULDEEP ASWAL

@ !!GL!!

@ AGENT SUSHMA

@ BABA

**DON'T LET THE QUEEN
OF HILL STATIONS
BECOME
“ONCE UPON A TIME”**

